

# SPA

AT CHARLOTTE SQUARE

## CLASS TIMETABLE

Burn it up with our fitness classes!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Circuit 13:00 - 13:45	Pilates 12:15 - 13:00	Bootcamp 13:00 - 13:45	
	Yoga 18:00 - 19:00	Spin 18:00 - 18:45	Yoga 18:00 - 19:00	



### GET IN TOUCH

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